

# 56

*Create your own streak*

- Print out this calendar and place it somewhere you'll be sure to see it.
- Check off each day as you track your progress and build your Streak.
- Celebrate the checking-off process!
- Don't lay your head down on your pillow till you've completed your task that day.

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	32	33	34	35
36	37	38	39	40	41	42
43	44	45	46	47	48	49
50	51	52	53	54	55	56

SMALL  
STEPS LEAD  
TO GREAT  
THINGS!

ONE.

DAY.

AT.

A.

TIME.

*Give it all*

SHOW UP  
EACH DAY

*Halfway  
there!*

SHOW US  
WHAT YOU  
CAN DO

DON'T BREAK YOUR STREAK!

*Swing for  
the fences!*

SO  
CLOSE!

